

Laura Michailidis

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EMPLOYMENT

C. B. Bud Johnston Library — *Library Assistant*

AUGUST 2019 - PRESENT

- Greet patrons at the welcome desk, respond to their questions, and help them to use the library's services
- Digitize annual reports and use Adobe Acrobat Pro to edit scanned annual reports

Tim Hortons — *Team Member*

JUNE 2017 - MAY 2019

- Maintained positivity and professionalism while providing service and handling customer concerns and complaints
- Multi-tasked under severe time pressure within the drive-thru team to serve customer quickly and accurately
- Accurately followed company guidelines for preparation and storage of food, labeling, and build of beverage and food items

VOLUNTEERING

Nutrition Ignition! — *General Member*

OCTOBER 2020 - PRESENT

- Create online nutrition and food literacy lessons for children

Buy Nothing Project — *Local Group Administrator* for Old North, Woodfield, and Downtown London, ON

JULY 2019 - PRESENT

- Develop Facebook posts and graphics using Canva to inspire member engagement
- Respond to members' concerns and questions over Facebook
- Monitor Buy Nothing Facebook group to ensure compliance with Buy Nothing Project rules

CERTIFICATIONS

Food Handler Training Certificate — Expires January 11, 2022

Smart Serve — Issued February 7, 2017 | Does not expire

EDUCATION

Brescia University College

SEPTEMBER 2018 - APRIL 2022

BA candidate | Honours
Specialization in Nutrition and Families

PUBLICATIONS

COVID-19 Lockdown Associated with Weight and Dietary Changes Among Adults with Obesity

OCTOBER 27 2020

Article analysis published by
PEN - Practice-based Evidence in Nutrition

AWARDS AND ACHIEVEMENTS

Academic Dean's Scholarship Brescia University College

AUGUST 2017

Awarded to students who achieve an final admission average of between 92.0% and 94.9%

Highest Academic Achievement Award | Thames Valley Alternative Secondary School

JUNE 2017

Awarded for achieving the highest academic average of the graduating class

